## National Cancer Survivors Day

The Medical-Surgical Nursing Department observed *National Cancer Survivors Day* on **June 6, 2022**, organized by **Narayana College of Nursing** at **III Floor Auditorium, NCON, Nellore**, under the coordination of **Mrs. A. Latha, M.Sc (N), Prof/HOD**. The event, themed *"Close the Care Gap,"* aimed to promote **hope and courage** for cancer survivors by improving their quality of life. A total of **20 faculty members and 90 students** participated in the program. The session emphasized cancer care, survivorship, and reducing the fatality rate through awareness and support.
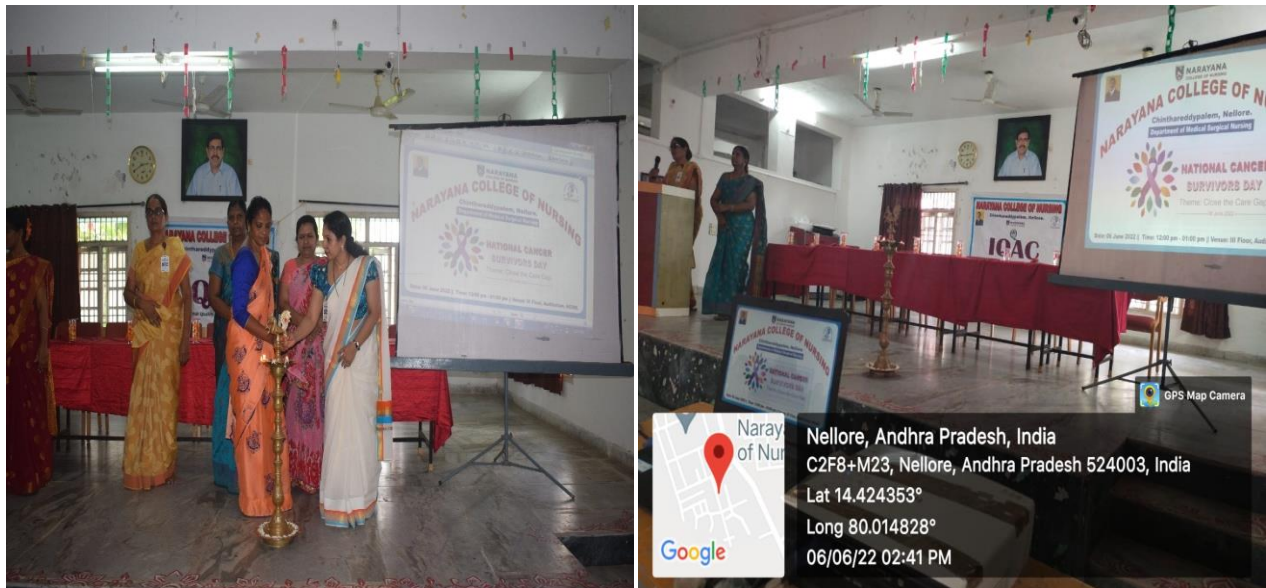
World Heart Day

The Medical-Surgical Nursing Department observed *World Heart Day* on **September 29, 2022**, organized by **Narayana College of Nursing** at **First Floor, Super Specialty Hospital, NMCH, Nellore**, under the coordination of **Prof. A. Latha, M.Sc (N), Prof/HOD**. The event, themed *"Use Heart for Every*

Heart," aimed to educate **50 patients** on controlling risk factors like tobacco use, unhealthy diet, and physical inactivity. Participants gained awareness about heart functions and managing heart disorders. The session successfully encouraged heart-healthy practices for disease prevention.

World Diabetic Day

The Medical-Surgical Nursing Department conducted a **Diabetes Awareness Program** on **November 14, 2022**, at **Endocrinology OPD, NMCH, Nellore**, under the coordination of **Mrs. A. Latha, M.Sc (N), Prof/HOD** organized by **Narayana College of Nursing .** The event, themed *"Education to Protect Tomorrow,"* aimed to educate participants about the **treatment, prevention, and symptoms of diabetes**. Patients were informed about lifestyle modifications and disease management. The session successfully raised awareness among diabetic patients, promoting better health practices.

The World Cancer Day 2023

The World Cancer Day event on 04th February 2023, organized by **Narayana College of Nursing** with 56 participants, aimed to raise awareness about cancer prevention, early detection, and treatment. The event emphasized the theme "Close the Care Gap," focusing on healthcare inequalities. Participants gained valuable insights through guest speakers, discussions, and resource sharing. The outcome included increased awareness, active community engagement, and actionable steps toward early screenings. Overall, the event empowered participants to spread cancer awareness and take preventive measures in their communities.

World Kidney Day 2023

The World Kidney Day event on 09th March 2023 in Kakutur, organized by **Narayana College of Nursing, coordinated by Mrs.Latha A** with 70 participants, focused on the theme "Kidney Health for All – Bridge the Gap to Better Kidney Care." The objectives included raising awareness, educating on prevention, and promoting early detection of kidney diseases. Experts shared information on risk factors and healthy lifestyle choices. Participants were encouraged to adopt preventive measures and undergo regular screenings. The event successfully empowered the community to prioritize kidney health and spread awareness.

World Health Day

The World Health Day event on 07th April 2023, organized by **Narayana College of Nursing** at Venkatachalam from 10 AM to 1 PM, focused on the theme "Health for All." The event aimed to raise awareness about global health issues, encourage preventive healthcare, and promote healthier lifestyles. Experts discussed various health topics, including nutrition, mental well-being, and physical fitness. The outcome included increased knowledge among the 70 participants and a commitment to adopting healthier habits. The event successfully fostered community engagement and a focus on overall health and well-being.

World Hypertension Day

The World Hypertension Day event on 17th May 2023 was held at the OP Block, Narayana Medical College and Hospital, from 10 AM to 1 PM, organized by **Narayana College of Nursing** The theme was

"Measure Your Blood Pressure, Control Your Hypertension." The objectives were to raise awareness about hypertension, its risk factors, and the importance of regular monitoring. Experts shared insights on prevention, management, and treatment options for hypertension. The outcome included increased awareness among participants, who gained knowledge on how to manage blood pressure and prevent related complications.